

Join the Dallas Holocaust and Human Rights Museum's Education team this summer for our virtual Upstander Institute! Students from ages 11-18 will participate in daily activities, book clubs, and peer discussions around the lessons of the Holocaust and human rights issues. Each week, students will engage with Museum staff and leaders in our community to engage their own leadership skills right from their own homes.

Week 1: Inspiring Upstanders

This week at Upstander Institute, students will learn what it means to be an Upstander. They will engage with different at-home and virtual activities to learn about Upstanders in Holocaust history, and how they stood up for themselves or for others. Then, students will think about what Upstanders look like today- what are some examples of Upstander behavior in their community? How do we honor and value these people? Finally, students will be challenged to think about their own behavior and how they themselves can be Upstanders.

Sample Activities:

- **Movie Study at Home: *Defiance & Into the Arms of Strangers***
These two movies highlight two different kinds of Upstander behavior during the Holocaust: resistance and rescue. Both movies are available on platforms such as Netflix and Amazon Prime and also in many public libraries. Watch the movies and find the activity guides in your personalized Upstander Institute Google Folder.
- **Live Museum Educator Talk: Upstander Behavior in American and Holocaust History**
Join the Museum Educators for a live virtual presentation and discussion on Upstander behavior in American and Holocaust history. Learn more about historical Upstanders and explore the concept of Upstander and bystander behavior.
- **Activity at Home: Righteous Among the Nations**
Yad Vashem, the Holocaust Museum in Israel, recognizes rescuers during the Holocaust as Righteous Among the Nations. In your personalized Upstander Institute Google Folder, you can learn more about Yad Vashem's program and find an activity exploring President Lyndon B. Johnson as a rescuer

Week 2: Exploring Human Rights

This week at Upstander Institute, students will expand their knowledge of human rights history. Students will explore the Universal Declaration of Human Rights and other documents to broaden their understanding of the fight for universal human rights, and how these rights affect them. They can participate in at-home and virtual live activities on human rights, including a live panel discussion by human rights advocates.

Week 3: Building a Service Community

This week at Upstander Institute, students will learn about giving back to their community. Through study and discussion of historical community service leaders and programs, students will learn about the importance of serving their community. They will then be called to action by participating in helping their community through service projects.

Week 4: Understanding Bias

This week at Upstander Institute, students will study the complexity of bias. They will learn about three types of unconscious bias and how they effect our everyday decision making. Students will engage in interactive activities which will challenge them to reflect upon and recognize their own biases, including a visual thinking strategy exploration with a Museum Educator. Students will then learn how to deconstruct their own bias and prevent it from turning into prejudice and hatred.

Week 5: American Ideals, Reality, and Repair

This week at Upstander Institute, students will dive deep into American history. They will study America's foundational documents and the rights that are granted in them. Students will discover that the historical reality of life in American has not always matched the ideals set out in our foundational documents. Finally, students will analyze the Upstanders who drove change in American history, working to bring our ideals and reality more closely into accord through a process of repair. They will reflect on how they can help continue this repair process.

Week 6: Empowering Leadership

This week at Upstander Institute, students will learn what it means to be a leader in their community. They will engage in at-home activities to learn more from historical leaders. They can interact in live virtual sessions with professionals in our community who strive for inclusion and equity. This week will empower students with the skills needed to become leaders in their own communities.

Week 7: Genocide Awareness

This week at Upstander Institute, students will learn about the warning signs of genocide by analyzing the 10 Stages of Genocide, an educational awareness tool. They will engage with the Museum's online graphic novels to learn about the stages of genocide through the lenses of different historical genocides. Genocide studies experts will virtually join students to explore current day genocides and prevention.

Week 8: The Power of Testimony

This week at Upstander Institute, students will explore survivor testimony and its impact on our understanding of Holocaust history. They will interact with survivor testimony through different

forms of media, including IWitness by the USC Shoah Foundation. They will have the opportunity to ask questions of a Holocaust survivor. Students will analyze the significance of learning history through the words of those who lived it.

Week 9: Investigating Holocaust History

The last week of Upstander Institute wraps up with an exploration of the history of the Holocaust. Students will work with the Museum's Education Team to explore artifacts and the Holocaust exhibition. They will become historians by using their investigative and analytical skills to discover lesser known facts and histories of the Holocaust through at-home activities.