

# Camp Upstander

## Weekly Descriptions

Join the Dallas Holocaust and Human Rights Museum's Education team this summer for our virtual Camp Upstander! Students ages 6-10 will participate in daily activities built around themes such as inspiring Upstander behavior, building community, and kindness. Each week will have a different theme and materials for students to engage with from home.

### Week 1: Inspire Upstanders

This week's theme is Inspire Upstanders. The Museum does not just teach about history but also encourages visitors to explore human behavior. In a way, we are a human behavior institute. So, let's look at positive human behavior driven by Upstanders in history and our community today.

Sample activities:

- Introduction Video: What is an Upstander?

To start the week learning about Upstanders and how to inspire Upstander behavior, we recommend you begin by watching our quick-bite video explaining Upstander behavior.

- Activity at Home: Upstander Qualities

What are the qualities of an Upstander? Learn about who an Upstander is with a short vocabulary lesson. Then, log on to the Museum's Educaplay to play Upstander-themed matching games!

- Story Time: *The Sneetches*

Join Dr. Charlotte Decoster for a pre-recorded story time reading of Dr. Seuss' *The Sneetches*. Then, check out the worksheets, activities, and games all related to *The Sneetches'* message of being an Upstander!

## **Week 2: Spread Kindness**

This week's theme is Spread Kindness. We will look at different ways you can spread kindness in your home and your community. Being kind to everyone is an important lesson. This topic will be taught through hands-on activities including crafts, coloring sheets, sing-along song, and a story time on *A Spot! Of Kindness!*

## **Week 3: Embrace Difference**

This week's theme is Embrace Difference. This week's activities will teach what makes each of us is different and unique! How can we include others and learn their differences? We will also learn about Upstanders in history who accepted others' differences! Kids will explore this topic through hands-on activities including crafts, reflection worksheets and a story time on *We're All Wonders!*

## **Week 4: Love Your Community**

This week's theme is Love Your Community. We will be learning how to show love and do good deeds in our own communities. Kids will study Upstanders in history who helped their communities. Kids will explore this topic through hands-on activities including crafts, letter writing, an act of service, and a story on *The House that Jane Built.*

## **Week 5: American Heroes**

Just in time for the Fourth of July, we will celebrate American heroes! We will learn about different Americans in history and heroes in our communities! Kids will join a live interactive session with a community hero. They will explore this topic through hands-on activities including crafts and celebration activities.

## **Week 6: Build Respect**

This week's theme is Build Respect. Kids will learn more about respecting others and themselves through character building activities. How can they be a good friend? What do they love about themselves? Kids will explore this topic through

hands-on activities including crafts, kids' yoga and meditation, and a story on *Have I Ever Told You*.

### **Week 7: Inspire Upstanders**

This week's theme is Inspire Upstanders. The Museum does not just teach about history but also encourages visitors to explore human behavior. In a way, we are a human behavior institute. So, let's look at positive human behavior driven by Upstanders in history and our community today.

### **Week 8: Spread Kindness**

This week's theme is Spread Kindness. We will look at different ways you can spread kindness in your home and your community. Being kind to everyone is an important lesson. This topic will be taught through hands-on activities including crafts, coloring sheets, sing-along song, and a story time on *A Spot! Of Kindness!*

### **Week 9: Embrace Difference**

This week's theme is Embrace Difference. This week's activities will teach what makes each of us is different and unique! How can we include others and learn their differences? We will also learn about Upstanders in history who accepted others' differences! Kids will explore this topic through hands-on activities including crafts, reflection worksheets and a story time on *We're All Wonders!*